

CANADIAN STROKE BEST PRACTICE RECOMMENDATIONS

Vascular Cognitive Impairment Seventh Edition, 2024

Appendix 5: Heart & Stroke heart-brain associations map—All cardiovascular conditions can lead to vascular cognitive impairment

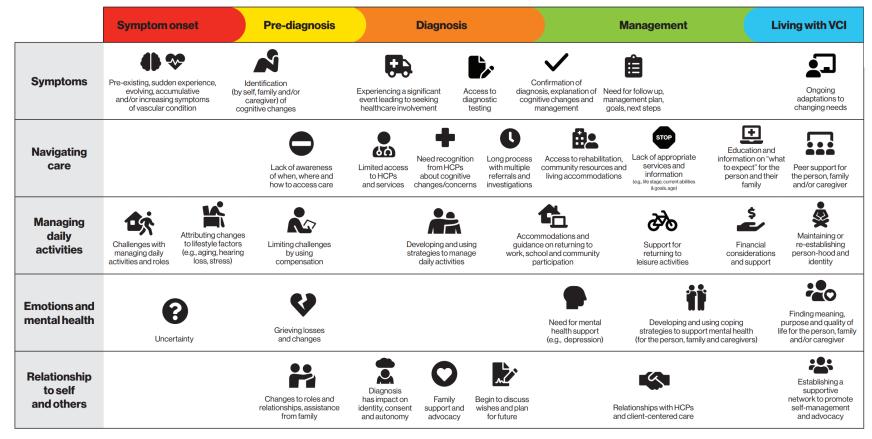
Swartz R.H, Longman S (Writing Group Chairs)
on behalf of the Canadian Stroke Best Practice Recommendations
Vascular Cognitive Impairment Writing Group, the Canadian Stroke Best Practice
Recommendations Advisory Committee, and in collaboration with the
Canadian Stroke Consortium and CanStroke Recovery Clinical Trials Platform.

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Vascular Cognitive Impairment Appendix 5

APPENDIX FIVE: THE LIVED EXPERIENCE OF VASCULAR COGNITIVE IMPAIRMENT JOURNEY MAP

(Swartz et al. 2025)



Each journey is unique to the person (person living with VCI, family or caregiver). This Journey Map has been created to support people living with VCI, families, caregivers and healthcare providers (HCP) in understanding elements of the experience of living with VCI. A person's journey may be impacted by many intersecting factors such as: life stage, current abilities, goals, geographic location,

sex, gender, sexual orientation, race, indigeneity, culture, age and other social determinants of health. While this journey map is an example of an experience of VCI, individuals may experience any of these elements at multiple times or throughout their personal journey. There also may be other important elements within a person's journey that are not included on this map which should be respected, using a person

centred approach. The journey map was developed in consultation with a Heart & Stroke Community Consultation and Review Panel, as well as extensive consultation with external stakeholders including but not limited to: people with lived experience of VCI, caregivers, researchers and healthcare providers.

Heart&Stroke To Chest and Stocke Foundation of Cereals, 2022 | "The heart and Joon on this own and the heart and Joon followed by another is on or words are brademarks of the Heart and Stocke Foundation of Cereals, 2022